

<u>WIC</u>

Women, Infants, & Children Program (WIC)

Wyoming WIC provides food and nutrition information to help pregnant women, breastfeeding women, infants, and children under the age of five stay healthy and strong.

Eligibility Requirements:

- Live in Wyoming.
- Are a pregnant, postpartum or breast feeding woman, an infant, or child under 5 years of age.
- Have a nutritional need.
- Household income that fits the guidelines
- o Currently receive POWER, SNAP, or Medicaid
- Mothers, Fathers, guardians, or foster parents may apply for WIC for their children.

The WIC staff are knowledgeable professionals that provide:

- Counseling on how to use WIC approved foods
- A WYO W.E.S.T card to buy foods
- Immunization screening and referrals
- Information on food shopping, recipes, taking care of babies, and breastfeeding

- Information on healthy eating during pregnancy and breastfeeding
- Nutrition for your child
- Referrals to doctors, public health nursing, dentists and programs like:
- SNAP (Food Stamps)
- POWER
- Medicaid
- Kid Care/CHIP
- Best Beginnings
- Children's Special Health Services
- Head Start
- Cent\$ible Nutrition Program
- Day care
- Fuel assistance

Benefits of WIC:

Women eat better and have healthier babies, infants weigh more at birth and grow and develop better, and children eat foods with more iron and vitamin C, visit their doctors regularly, and are monitored for their immunization status.

How to Apply For WIC

To set up an appointment, call the Campbell County WIC program at 307-686-8560.

WIC approved foods include:

- o Fresh vegetables, fruits, and juice
- Cereal, whole grain bread, brown rice, and oatmeal
- Peanut butter, dried beans / peas, and canned beans
- o Canned tuna, canned salmon, and eggs
- Infant foods
- Milk, soy beverage, and cheese

NACo Rx Services

The National Association of Counties' (NACo) Prescription Drug Discount Program, available to millions of Americans of any age, income level, or health condition, has saved consumers more than \$83 million on their prescription drug purchases at their local pharmacy. The average savings is about 22% per prescription. The actual savings per purchase ranges from 13% to 34%, depending on the drug.

The NACo prescription drug discount cards are free to obtain and easy to use. Pick one up at the Human Resources / Risk Management Office. There are no age, health or income restrictions on who can use the cards and there are no registration forms to fill out. The program offers uninsured or underinsured consumers with immediate, at-the-register discounts on their prescription drug purchases through a nationwide network of 57,000 participating pharmacists. This card is recognized at all Gillette pharmacies.

There is no cost to the county, county taxpayers, or consumers to participate in the program. CVS / Caremark negotiates the discounts directly with the pharmacies. Neither NACo nor the participating counties receive any revenue from the program.

The NACo card cannot be used in conjunction with other prescription drug insurance on any one purchase. However, consumers with insurance are allowed to use the card to purchase prescriptions that are not covered by their insurance.

This NACo prescription drug card is free and is available to Campbell County residents without regard to age, health or income. All commonly prescribed prescription medications, including pet medications, are eligible for a discount. The discounts are available to consumers who do not have prescription drug insurance or if the particular drug they need is not covered by their insurance.

For more information about the program, visit the <u>NACo website</u>.

500 S. Gillette Ave. Suite 1200 Gillette, Wyoming 82716 Ph: 307-687-6355

Homeless Services

The Wyoming Homeless Services Program partners with the Wyoming Homeless Collaborative to assist individuals (including unaccompanied youth) and families experiencing homelessness.

If you are in need of services please visit https://wy211.communityos.org/ for Community Resources.

To learn more about the Wyoming Homeless Collaborative, please *contact* **Karla McClaren** Program Manager (307) 721-1973

Supplemental Nutrition Assistance Program (SNAP)

How to apply

The Supplemental Nutrition Assistance Program (SNAP) provides monthly benefits that help low-income households buy the food they need for good health. For most households, SNAP funds account for only a portion of their food budgets; they must also use their own funds to buy enough food to last through the month.

Applying for SNAP Benefits:

Visit your **local DFS office** to get an application or download the **Application for Assistance**. There are Spanish and English versions of Application.

Submit your application to your local DFS office in person, by mail, or fax.

After receiving your application, a DFS employee will contact you to schedule a phone or faceto-face interview with a benefit specialist.

Qualifying for SNAP: Each application is reviewed pursuant to federal regulations and no two households are alike. There may be other regulations than what is listed below that apply which may impact your eligibility. Check the SNAP Income Limits.

Resources: Individuals who receive Supplemental Security Income (SSI) or households who receive POWER/Tribal TANF are exempt from the resource limit. If your household includes a member who is age 60 or older or includes a member who is disabled has a resource limit of \$3,750. All other households may have up to \$2,500 in resources.

Resources are things like:

Checking and savings accounts.

- Income producing property.
- Stocks, bonds, or mutual funds.

Benefit Amounts: The amount of SNAP a household receives depends on the number of people in your household and the total amount of net income (income after eligible deductions).

Deductions: Income deductions are subtracted from both earned and unearned income. The deductions are:

- Earned Income Deduction 20% of gross earnings
- The standard deduction is \$177 for AU sizes of 1-3, \$184 for AU size of 4, \$215 for AU size of 5 and \$246 for AU sizes of 6 and above.
- Medical Deduction allowable medical expenses incurred by elderly or disabled household members in excess of \$35 per household.
- Dependent Care Deduction payments for the care of a child or other incapacitated adult which are necessary for a household member to work, look for work or attend school or training.
- Child Support Deduction allowable for payments of legally obligated child support.
- Shelter Deduction allowable shelter costs (rent or mortgage, property taxes, insurance on the structure and utility expenses) in excess of 50% of household income remaining after all other deductions. For households with an elderly or disabled member, there is no limit on the shelter deduction; for all other households, the shelter deduction cannot exceed \$569.

How do I get my benefits?

If you are eligible for SNAP, you will be mailed a Wyoming Electronic Benefit Transfer (EBT) card. To check the balance of your card, you can visit ebtEDGE, call 1-877-290-9401 or download the app to your smart phone EBT App.

Wyoming SNAP EBT cards can now be used at Walmart and Amazon. For more information on how to use an EBT card at Walmart, click here. For more information on how to use an EBT card at Amazon, click here. Per SNAP federal regulations, any delivery fees will need to be paid by means other than an EBT card.

Other Useful Links:

Frequently Used Forms:

For more information, contact your local DFS office or the SNAP Program Manager:

Marianne Kerzman 2300 Capital Ave, 3rd Floor

Phone: 307-777-7564 / Toll Free: 800-457-3659

Cash Assistance

About TANF/POWER

Temporary Assistance for Needy Families (TANF) provides temporary cash assistance for families in need.

There are two forms of TANF in Wyoming:

1. The POWER Work program

- Helps individuals find employment or other forms of financial stability based specifically on YOUR needs.
- Provides free Child Support assistance.
- 2. The **POWER Caretaker Relative** program
 - Provides cash assistance to family members, such as Grandparents, Aunts or Uncles, who are the primary caregiver to children whose parents are not in the same home and are responsible for the daily care and control of the children.
 - Provides free Child Support assistance.

Who is eligible?

Wyoming residents who are:

Responsible for daily care of a child under the age of 18.

- Meet citizenship and alien status requirements.
- Meet income and resource requirements.
- (POWER Caretaker Relative program only counts the income and resources of the child, not the caretaker relative.)

Income and Resource Requirements:

Your TANF/POWER benefits are based on your family size and income. If a member of your family is working, some of your earned income may be disregarded. Your family must have \$5,000 or less in resources.

Resources are things like:

- Checking and savings accounts.
- Income producing property.
- Stocks, bonds, or mutual funds.

Your worker will help you understand what income and resources we consider and how it will affect your case.

Monthly benefit amounts:

- POWER Work Program for a family of three, with no income, could receive monthly TANF/POWER cash assistance in the amount of \$781.
- POWER Caretaker Relative Program for one child with no income or resources, could receive a monthly benefit of \$259.

Child Support Requirements:

If you are found eligible for the TANF/POWER Program, you will be required to cooperate with Child Support, and all services are provided at no cost.

The POWER Work Program expects that you will:

- Attend all required appointments.
- Engage in required POWER Work Program activities that are created to meet your specific situation such as:Resume and application help, practice employment, short term and long term employment planning, personal improvement strategies, healthy parenting, time management, practice interviews training and budgeting information.
- You may even be eligible for employment training to increase your skills to help you get a job.

Temporary illness or injury?

There are even POWER services that can help you during your recovery or while you wait for decisions from disability programs.

 Additional activities include; healthy recovery plans, physical therapy, counseling (self or children), stress management, referrals to help agencies including Vocational Rehabilitation and personal budgeting during a crisis.

A job, a better job, a better life!

If you are participating in the POWER Work Program, your Case Manager will do everything possible to help you succeed. In addition to helping you find a job POWER can help you with other expenses including:

- Work clothing
- Transportation
- Vehicle repair
- Tools and equipment
- Relocation expenses

Once approved your POWER Case Manager can tell you more about these services or <u>CLICK HERE</u> to learn more. You can also view the <u>POWER Brochure</u> for more information.

How to Apply:

You can apply for TANF/POWER programs by downloading and completing the application and contacting your <u>local DFS office</u> local Department of Family Services office for an appointment.

For More Information contact: Georgia Auch TANF Program Manager Wyoming Department of Family Services 2922 Hwy 85, Suite 200 Newcastle, WY 82701 Phone: 307-746-3901 georgia.auch1@wyo.gov

CHILD CARE

Receive Help Paying for Child Care

Child Care Financial Assistance in Wyoming

The Child Care Subsidy Program helps low-income families pay for the cost of care when the parent(s) are working or in school or training. Based on the family's income, the parents may be responsible for paying for part of the cost of care. The Department of Family Services' Child Care Subsidy Program uses a combination of state and federal funds to assist eligible families in paying for the cost of child care while the parent(s) is working or attending an approved educational activity. If the family meets the eligibility criteria, the Department of Family Services pays a portion of the cost of care. Parents are free to choose a child care arrangement that best fits their needs as long as the chosen provider meets certain health and safety requirements.

How Much Will DFS Pay for Child Care?

DFS bases its maximum reimbursement rates for licensed facilities on a Market Survey which is conducted at least once every three years. Our most recent survey is the 2022 Market Survey. You will need to report your regular rates on the Provider Registration form. If your rates are more than the DFS maximum reimbursement rates, the parent(s) will be responsible for the amount above the DFS maximum

reimbursement rates. The parent may also be responsible for paying for a portion of the cost of care. You cannot bill DFS more than you bill your families that are not assisted by DFS. The amount of time DFS will pay for is based on the parent(s) activity schedule. Only the hours that the parent is working or attending school are allowable hours for child care assistance. If the parent(s) are bringing the child to child care at times that they are not working or going to school, you should bill the parent directly and do not include those hours on your DFS billing form.

Is Child Care Subsidy an Option for My Family?

To qualify for the Child Care Subsidy Program, a family needs to meet all eligibility criteria including financial and approved activity criteria. The following information is provided as an overview of potential eligibility for assistance but the actual determination must be made by the local DFS office in the county where you reside.

- All income that any family member receives must be reported to the Department for consideration in the eligibility determination for child care subsidy. The income may or may not be used based on the type of income and who receives the income.
- The amount the state pays for child care depends on the family's income and the cost of the care provided.
- To receive child care assistance, the parent/caretaker must be working or attending an employment-related educational program. For parents pursuing a college degree, assistance can be provided for the time the parent/caretaker is attending classes toward a first baccalaureate degree. If there are two parents/caretakers in the household, both parents/caretakers must be participating in an approved activity during the same hours.
- Once the family has been receiving child care assistance, they may remain eligible for assistance if the family's income increased due to employment earnings and the total income is within the limits for Transitional Child Care.

<u>ERAP – Housing Stability Services</u>

** Please call ERAP run by the Department of Family Services, (DFS) at 877-996-3727 if you need help with ONLY Rent, Utilities and/or Broadband Internet. DFS is the main/primary program, the Aging Division is a subsidiary/secondary program. Only DFS and their partner Consumer Business Organizations, (CBOs) can assist you with information on applications to ERAP. Please call ERAP on 877-996-3727. **

** Some counties are experiencing delays acquiring sub-recipients to handle the needs of their communities. Please be aware if you are in these counties you may not get the services you need until a sub-recipient is secured. These counties are Big Horn, Campbell, Fremont, (Sheridan for some services), Teton and Uinta.

Recommendations from the general public are encouraged, as are applications from potential sub-recipients statewide. **

Have you been approved for Rental, Utilities, or Internet Assistance from ERAP run by the Department of Family Services (DFS)?

If you have, and you are in need of additional services to help you in your home, then the Aging Division might be able to help!

The Emergency Rental Assistance Program (ERAP) has funds available for administration through the Aging Division (AGD) for Housing Stability Services, all aimed at helping people stay in their homes for longer. As part of the American Rescue Plan Act of March 2021, support will be provided to qualifying seniors and individuals with disabilities. Services include:

- Home Modifications (to enable 'aging in place' or community-based living, for longer) up to \$5,000 per client per grant period
- Trailer/Mobile Home Repairs (so long as you rent the lot) up to \$5,000 per client per grant period
- Homemaking Services (Homemaking, Chores, Cleaning)
- Personal Care Skilled Nursing Services (RN, LPN, and CNA)
- Non-Medical Transportation for Wheelchair & Non-Wheelchair Accessible Vehicles (Single Trips only)
- Personal Emergency Response System (PERS) either Cellular or Landline
- Information Technology Hardware (up to \$400 for a device that has video conferencing and audio recording ability to facilitate Telehealth)
- Information Technology Hardware Quarterly Monitoring (for device support and general assistance over time as an accompaniment to the Hardware delivered to you)
- Independent Living Skills (Life Coaching & Money Management)
- Hoarding Services (Cleaning that is different from homemaking up to \$5,000 per client per grant period & Mental Health Counseling for Hoarding Only)

If you think you may qualify for this program, and you want to fill out an application, or need extra assistance, please explore the menu below. Also, see a link in resources to the main DFS website for general ERAP support.

Contact Us Interim ERAP-HSS Program Manager Jeff Clark 2300 Capitol Avenue, 4th Floor Cheyenne, WY 82002 jeff.clark1@wyo.gov 307-777-6103 For a mailed application form please contact the Aging Division main office at wyaging@wyo.gov or 1-800-442-2766.

Completed paper copies can be mailed to the Aging Division using the address above. Alternatively, the application form can also be faxed to us at (307) 777-5340. To apply for ERAP-HSS over the phone, please call Jeff Clark at (307) 777-6103 and he will guide you through the phone application process, and where to send proof of ERAP Application Status.

Community Services

If you, your family, or someone you know in the community needs additional support with groceries or meals, please refer to organizations working to meet the need in Campbell County. If not otherwise indicated, please call ahead for most updated hours and services.

BLESSINGS IN A BACKPACK

1000 Comanche Ave. Gillette, WY

Services

Blessings in a Backpack provides weekend meals to between 800-1,000 students in Campbell County schools each week.

Contact student's school counselor for more information

Contact Zach Poitra

BOYS & GIRLS CLUB OF CAMPBELL COUNTY

410 Lakeside Dr. Gillette, WY

Services

For members attending this program, breakfast, lunch, and an afternoon snack are provided. The Club is open Monday-Friday, 6:30 a.m.-7:00 p.m.

Qualifications

Contact student's school counselor for more information

Contact Nathan Grotrian, Executive Director

CAMPBELL COUNTY SENIOR CITIZENS ASSOCIATION, INC.

701 Stocktrail Ave. Gillette, WY

Services

Hot meal served daily; Monday-Friday, 11:30 am.-12:30 p.m. Delivery service provided to homes if needed.

Qualifications Adjusted contribution of \$4.50 for seniors who are 60 years of age and older.

Contact Ann Rossi, Director

CENT\$IBLE NUTRITION, CAMPBELL COUNTY

412 S. Gillette Ave. Gillette, WY

Services

The Cent\$ible Nutrition program offers free in-person and online courses about healthy eating and lifestyles, budgeting tips, and more for qualifying individuals

Qualifications

Must be at or below 185% current Federal Poverty Guidelines (FPG)

Contact Tailor Morris, Cent\$ible Nutrition Educator

COUNCIL OF COMMUNITY SERVICES

114 South 4-J Road Gillette, WY

Services

A soup kitchen lunch is offered everyday except for the 4th of July. A food pantry is also available on site. Hours are Monday-Friday, 10:00 a.m.-3:00 p.m.

Qualifications None

Contact Mikel Scott

EDIBLE PRAIRIE PROJECT

410 E. Lakeside Dr. Gillette, WY

Services

Works to get food grown and produced by local farmers and ranchers in Campbell County and into the hands of the children and families that need it most. Summer Weekend Meals are provided via the Boys & Girls Club. The Gillette Little Free Pantries are constantly stocked. The multi-farm veggie baskets bring locally grown produce to everyone based on a "pay-what-you-can" pricing structure. Additionally, free garden kits are available to families in need.

Qualifications Minimal, "pay-what-you-can"

Contact

Megan Taylor, Executive Director

SALVATION ARMY

620 North Highway 14/16 Gillette, WY

Services

Food boxes are available to anyone who asks. Monday-Thursday from 10:00 a.m.-3:00 p.m. and Fridays by appointment. Deliveries are available on an emergency-only basis.

Qualifications

Basic demographic information is requested but if recipients don't provide it, they can still receive food.

Contact Jenny Hartung

WRIGHT COMMUNITY ASSISTANCE

265 Rochelle Dr. Wright, WY

Services

Food pantry, low income assistance, holiday food baskets, and a community thrift store. Hours are Monday, Tuesday, Thursday, Friday from 8:00 a.m.-1:00 p.m. and Wednesdays from 10:00 a.m.-6:00 pm. Please call first to ensure that someone will be in the office.

Qualifications

Resident of southern Campbell County, declaration of income, and completion of simple intake form.

Contact

Wayne Vaughn

Mental Health Services/ SUICIDE PREVENTION

If you or someone you know is experiencing a mental health emergency or crisis, help is available 24 hours a day in Campbell County.

Call 9-1-1 or contact services near you:

Campbell County 24-hour access emergency lines:

(307) 688-5050 (307) 688-5555

• Text "WYO" to 741-741 for the Crisis Text Line.

The National Suicide Prevention Hotline is also available 24 hours a day, 7 days a week. Call 1 (800) 273-8255 for free and confidential support.

Transportation

by <u>Campbell County Senior Center</u> The Senior Center provides door-to-door transit service for senior citizens, disabled individuals and the transportation disadvantaged. Our buses are wheelchair accessible and each of our drivers...

Next Steps:

Call 307-682-8279

27.16 miles (serves your local area) 701 Stocktrail Avenue, Gillette, WY 82716

Open Now : 8:00 AM - 4:30 PM MDT

Eligibility:

This program serves senior citizens, disabled individuals and the transportation disadvantaged.

Availability:

Available **Description:**

The Senior Center provides door-to-door transit service for senior citizens, disabled individuals and the transportation disadvantaged. Our buses are wheelchair accessible and each of our drivers are certified in CPR, Defensive Driving, First Aid, and Passenger Service and Safety.

Services include:

- Transportation

First time riders should contact the center between 8 a.m. and 4 p.m. Monday - Friday, to sign up for services.

As rides are scheduled on a first come first served basis, it is requested that you call a minimum of 24 hrs in advance to request transportation.

Punch cards, good for 22 rides, are available at a cost \$40.00 for senior and disabled riders and \$80.00 for the general public. Utilizing these punch cards not only makes it easier but entitles the user to 2 free rides.



Garf Community Resources

CONFIDENTIAL 24 HOUR CRISIS LINE 307-686-8070

https://garfwyo.org/

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Domestic Violence Sexual Assault Dating Violence Human Trafficking Stalking Prevention